

CFBP HOLISTIC HEALTH SUMMIT 3.0

(10.00 am - 10.55 am)



SWAPNIL KOTHARI
PRESIDENT AND MODERATOR



**PADMA BHUSHAN
DR. ASHWIN B. MEHTA (CFBP)**
DIRECTOR CARDIOLOGY,
JASLOK HOSPITAL



DR. MOHAN THOMAS (CFBP)
MD, FACS, FAACS
(FACIAL RECONSTRUCTIVE AND
AESTHETIC SURGERY AND
GENERAL COSMETIC SURGERY)



DR. HRISHIKESH PAI
MD FRCOG (UK-HON)
FCPS FICOG MSC (USA)



**PADMA SHRI
DR. RAMAKANT DESHPANDE**
MS, FICS, FAIS, DHA

GOLD SPONSORS



Gold | Silver | Diamonds



AAKAR CHARITABLE TRUST
AMLA RUIA

Sunday, 10th August 2025

9.00 AM - 6.00 PM

@ TAJ LANDS END, BANDRA, Mumbai

Mob. No.: +91 96534 90632 • Email: info@cfbp.org/cfbpoffice@gmail.com

Web: www.cfbp.org / www.ccrcc.in

REGISTRATION - OPEN FOR ALL



CFBP HOLISTIC HEALTH SUMMIT 3.0

Powered By



CONCEPTUALISED BY



SWAPNIL KOTHARI
PRESIDENT



DR. MICKEY MEHTA
CHAIRMAN WELLNESS COMMITTEE (CFBP)
GLOBAL LEADING HOLISTIC HEALTH
GURU AND SPIRITUAL LIFE COACH

CURATED BY



RICHA AGRAWAL
FOUNDER, DIRECTOR -
AUM LIFE
PATRON MEMBER (CFBP)



LEENA GUPTA
EXECUTIVE COMMITTEE MEMBER (CFBP)
TRANSFORMATION LIFE COACH, AUTHOR,
TEDX SPEAKER, SENIOR FACULTY
OF ART OF LIVING AND
FORMER MISS INDIA AMERICA



NEHA RANGLANI
EXECUTIVE COMMITTEE
MEMBER (CFBP)
INTEGRATIVE NUTRITIONIST &
FUNCTIONAL MEDICINE SPECIALIST



PRACCHI MEHTA
*TAROT-ASTROLOGY-NUMEROLOGY
SPECIALIST, REIKI MASTER*
EMCEE-MORNING SESSION
(CFBP)



DEVIKA BAJAJ
FOUNDER, DAIVIK MORINGA
EMCEE - AFTERNOON SESSION
(CFBP)

CFBP HOLISTIC HEALTH SUMMIT 3.0

(11.00 am - 11.40 am)

**SIMPLE YOGIC PRACTICES
TO ENHANCE ENERGY, CALM AND
FOCUS IN BUSY INDIVIDUALS**



RICHA AGRAWAL

FOUNDER, DIRECTOR - AUM LIFE
PATRON MEMBER (CFBP)



SUYASH SINGH

WELLNESS AND PROGRAMME
DIRECTOR



CFBP HOLISTIC HEALTH SUMMIT 3.0

CONCEPTUALISED BY
DR. MICKEY MEHTA

AND

CURATED BY
**LEENA GUPTA
NEHA RANGLANI**



Sunday, 10th August 2025

9.00 AM - 6.00 PM

@ TAJ LANDS END, BANDRA, MUMBAI

REGISTRATION - OPEN FOR ALL

CFBP HOLISTIC HEALTH SUMMIT 3.0

(11.45 am - 12.25 pm)

**ANCHOR WITHIN IN
CHANGING TIMES**



LEENA GUPTA (CFBP)

EXECUTIVE COMMITTEE MEMBER (CFBP)
TRANSFORMATION LIFE COACH, AUTHOR,
TEDX SPEAKER, SENIOR FACULTY
OF ART OF LIVING AND
FORMER MISS INDIA AMERICA



TANVI SHAH (CFBP)

SUSTAINABLE FASHION DESIGNER,
NUTRITIONIST & CHEF



CFBP HOLISTIC HEALTH SUMMIT 3.0

CONCEPTUALISED BY
DR. MICKEY MEHTA

AND

CURATED BY
LEENA GUPTA
NEHA RANGLANI



Sunday, 10th August 2025
9.00 AM - 6.00 PM
@ TAJ LANDS END, BANDRA, MUMBAI

REGISTRATION - OPEN FOR ALL

CFBP HOLISTIC HEALTH SUMMIT 3.0

(12.30 pm - 1.10 pm)

FIRESIDE CHAT



SWAMI VEDATITANANDA

MONK OF THE
RAMAKRISHNA ORDER

- Ethics And Integrity In Professional and Personal Life
- Why We work - insights from Ancient Indian Scriptures
- Quality of Work and Quality of Life
- Indian History - An alternate perspective



AMLA ASHOK RUIA (CFBP)

FOUNDER,
AAKAR CHARITABLE TRUST

- Leadership lessons from Swami Vivekananda
- Meditation and Spiritual Life
- Work and Spirituality



CFBP HOLISTIC HEALTH SUMMIT 3.0

CONCEPTUALISED BY
DR. MICKEY MEHTA

AND

CURATED BY
LEENA GUPTA
NEHA RANGLANI



Sunday, 10th August 2025

9.00 AM - 6.00 PM

@ TAJ LANDS END, BANDRA, MUMBAI

REGISTRATION - OPEN FOR ALL

CFBP HOLISTIC HEALTH SUMMIT 3.0

(1.15 pm - 1.35 pm)

EFFECT OF HOMEOPATHY PSYCHIATRY WITH SUDARSHAN KRIYA



DR. YATRI THACKER (CFBP)

B.H.M.S, PGDIP(PSYCHO),
INTERNATIONAL CBE

- Holistic Homeopathic Physician
- Mental Health Expert
- Founder- Director of Baby & Me Program
- Art of Living Teacher



CFBP HOLISTIC HEALTH SUMMIT 3.0

CONCEPTUALISED BY
DR. MICKEY MEHTA

AND

CURATED BY
LEENA GUPTA
NEHA RANGLANI



Sunday, 10th August 2025

9.00 AM - 6.00 PM

@ TAJ LANDS END, BANDRA, MUMBAI

REGISTRATION - OPEN FOR ALL

CFBP HOLISTIC HEALTH SUMMIT 3.0

(2.30 pm - 2.45 pm)

**HEALING TABLA EXPERIENCE
BY VIDUSHI ANURADHA PAL**



VIDUSHI ANURADHA PAL (CFBP)



CFBP HOLISTIC HEALTH SUMMIT 3.0

CONCEPTUALISED BY
DR. MICKEY MEHTA

AND

CURATED BY
**LEENA GUPTA
NEHA RANGLANI**

Powered By



Sunday, 10th August 2025

9.00 AM - 6.00 PM

@ TAJ LANDS END, BANDRA, MUMBAI

REGISTRATION - OPEN FOR ALL

CFBP HOLISTIC HEALTH SUMMIT 3.0

(2.50 pm - 3.25 pm)

CARDIAC ARREST IN YOUTHS



LEENA GUPTA (CFBP)
MODERATOR



NEHA RANGLANI (CFBP)
INTEGRATIVE NUTRITIONIST &
FUNCTIONAL MEDICINE SPECIALIST



DR. KIRTI PUNAMIYA
CARDIOLOGIST,
BREACH CANDY HOSPITAL



CFBP HOLISTIC HEALTH SUMMIT 3.0

CONCEPTUALISED BY
DR. MICKEY MEHTA

AND

CURATED BY
LEENA GUPTA
NEHA RANGLANI



Sunday, 10th August 2025

9.00 AM - 6.00 PM

@ TAJ LANDS END, BANDRA, MUMBAI

REGISTRATION - OPEN FOR ALL

CFBP HOLISTIC HEALTH SUMMIT 3.0

(3.30 pm - 4.05 pm)

MENTAL HEALTH : OVERCOMING ANXIETY AND LONELINESS



JALPA MERCHANT (CFBP)
MODERATOR



DR. ROCHELLE SURI
CLINICAL PSYCHOLOGIST



DR. PALLAVI BHURKAY (CFBP)
CLINICAL PSYCHOANALYST
AND RADICAL MINDSET TRAINER
AND COACH



CFBP HOLISTIC HEALTH SUMMIT 3.0

CONCEPTUALISED BY
DR. MICKEY MEHTA

AND

CURATED BY
LEENA GUPTA
NEHA RANGLANI

Powered By



Sunday, 10th August 2025

9.00 AM - 6.00 PM

@ TAJ LANDS END, BANDRA, MUMBAI

REGISTRATION - OPEN FOR ALL

CFBP HOLISTIC HEALTH SUMMIT 3.0

(4.10 pm - 4.45 pm)

THE ART OF BALANCING HORMONES



NEHA RANGLANI (CFBP)
MODERATOR



SONAL CHORARIA (CFBP)
LIFESTYLE NUTRITIONIST
FOUNDER SPOONFUL OF HEALTH



SUNAINA REKHI
INTERNATIONAL YOGA TEACHER,
MOTIVATIONAL SPEAKER,
AND LIFESTYLE INFLUENCER



DR. SAMEERA GUPTA (CFBP)
PHYSIO-OCCUPATIONAL THERAPIST
& WEIGHT MANAGEMENT
FOUNDER OF SPIRIT 360
FOUNDER & CEO-GLOBEMEDZ :
MEDICAL TOURISM & WELLNESS



CFBP HOLISTIC HEALTH SUMMIT 3.0

CONCEPTUALISED BY
DR. MICKEY MEHTA

AND

CURATED BY
LEENA GUPTA
NEHA RANGLANI



Sunday, 10th August 2025

9.00 AM - 6.00 PM

@ TAJ LANDS END, BANDRA, MUMBAI

REGISTRATION - OPEN FOR ALL

CFBP HOLISTIC HEALTH SUMMIT 3.0

(4.50 pm - 5.25 pm)

SKIN DEEP : AGING GRACEFULLY



TANVI SHAH (CFBP)
MODERATOR



**DR. GEETA FAZALBHOY
(CFBP)**
DERMATOLOGY AND AESTHETICS
MBBS, DPD (UK), BOARD CERTIFIED
AESTHETIC MEDICINE (USA)



**DR. BINDU STHALEKAR
(CFBP)**
MD, DVD, MSC (UK)
DERMATOLOGIST, COSMETOLOGIST
& TRICHOLOGIST FOUNDER &
MEDICAL DIRECTOR - SKIN SMART SOLUTIONS



**DR. MOHAN THOMAS
(CFBP)**
MD, FACS, FAACS
(FACIAL RECONSTRUCTIVE AND
AESTHETIC SURGERY AND
GENERAL COSMETIC SURGERY)



CFBP HOLISTIC HEALTH SUMMIT 3.0

CONCEPTUALISED BY
DR. MICKEY MEHTA

AND

CURATED BY
LEENA GUPTA
NEHA RANGLANI



Sunday, 10th August 2025

9.00 AM - 6.00 PM

@ TAJ LANDS END, BANDRA, MUMBAI

REGISTRATION - OPEN FOR ALL

Thank you to our Sponsors

GOLD SPONSORS

P. N. GADGIL
& SONS

1832

Gold | Silver | Diamonds

AAKAR CHARITABLE TRUST

AMLA RUIA



CFBP-HOLISTIC HEALTH SUMMIT 3.0
REGISTRATION SCANNER